



UNITED INDIA INSURANCE COMPANY LIMITED

REGISTERED OFFICE: 24 Whites Road, Chennai – 600014

CIRCULAR

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All ROs /LCBs /DOs / BOs / MOs / TPAs

HO/Health/Cir/15/2021-22

10th March 2022

DAY CARE TREATMENT / PROCEDURE LIST

All United India Health insurance policies except Uni Criticare policy extend coverage for day care treatments as defined in the policy wordings under the head “Day Care Treatment”.

As there were frequent queries from various stakeholders regarding the Day Care Treatments covered, we hereby attach an indicative and updated Day Care Treatment/ procedure list for the reference of all our TPAs/ claim adjudicators for dealing with all claims for Day Care Treatments covered under our different policies.

All TPAs and officers in the claim department are requested to follow this indicative Day Care list while adjudicating the claims. In case of any similar day care procedure performed, which is close to the nomenclature mentioned in our indicative list, the same may be considered. Any new medical advancement performed on day care basis, if reported, may kindly be brought to the notice of HO Health department for necessary updating and publishing.

(Sanjay Joshi)
Deputy General Manager

Enclosed:
List of Day Care Treatments/ Procedures



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LIST OF DAY CARE TREATMENTS/PROCEDURES

Sl. No.	Treatment/Procedures
1.	2D Radiotherapy
2.	3D Brachytherapy
3.	3D Conformal Radiotherapy
4.	Abscess Knee Joint Drainage
5.	Abscess-decompression
6.	Adenoidectomy
7.	Adenoidectomy With Grommet Insertion
8.	Adenoidectomy Without Grommet Insertion
9.	Adjuvant Chemotherapy
10.	Adjuvant Radiotherapy
11.	Afterloading Catheter Brachytherapy
12.	Amputation Follow-up Surgery
13.	Amputation Of Metacarpal Bone
14.	Amputation Of The Penis
15.	Anderson Hynes Operation
16.	Angiography
17.	Anterior Chamber Paracentesis / Cyclodiathermy /Cyclocryotherapy / Goniotomy/ Trabeculotomy and Filtering and Allied Operations To Treat Glaucoma
18.	Appendicectomy With/without Drainage
19.	Arthroplasty
20.	Arthroscopic Knee Aspiration
21.	Arthroscopic Meniscectomy - Knee
22.	Arthroscopic Repair Of Acl Tear Knee
23.	Arthroscopic Repair Of PCL Tear Knee
24.	Arthrotomy Hip Joint
25.	AV Fistula - Wrist
26.	Axillary Lymphadenectomy
27.	Bartholin Cyst excision



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28.	Bilateral Orchidectomy
29.	BCG intravesicular injection for Carcinoma of bladder
30.	Biopsy Of temporal Artery For Various Lesions
31.	Bladder Neck Incision
32.	Blood Transfusion wherever medically indicated
33.	Cancer Chemotherapy
34.	Carpal Tunnel Release
35.	CCRT-concurrent Chemo + RT
36.	Cervical Lymphadenectomy
37.	Cholecystectomy and Choledocho-jejunostomy/Duodenostomy / Gastrostomy / Exploration Common Bile Duct
38.	Circumcision For Trauma
39.	Closed Reduction and External Fixation
40.	Closed Reduction Of Minor Dislocation
41.	Closed Reduction Of Minor Fractures
42.	Closed Reduction On Fracture, Luxation Or Epiphyseolysis with Osteosynthesis
43.	Colonoscopy ,lesion removal
44.	Colonoscopy Stenting Of Stricture
45.	Conchoplasty
46.	Conditioning Radiotherapy For BMT
47.	Conization
48.	Consolidation Chemotherapy
49.	Construction Of Gastrostomy Tube
50.	Continuous Infusional Chemotherapy
51.	Correction Of Eyelid Ptosis By Fascia Lata Graft (bilateral)
52.	Correction Of Eyelid Ptosis By Levator Palpebrae Superioris Resection (bilateral)
53.	Corrective Surgery For Blepharoptosis
54.	Corrective Surgery For Entropion and Ectropion
55.	Corrective surgery of blepharoptosis
56.	Corrective surgery of the entropion and ectropion
57.	Cryocauterisation Of Cervix



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58.	Cystic hygroma - Injection treatment
59.	Cystoscopic Litholapaxy
60.	Cystoscopical Removal Of Stones
61.	Cystoscopy and "SLING" Procedure.
62.	Cystoscopy and Removal Of Foreign Body
63.	Cystoscopy and Removal Of Polyp
64.	Cystoscopy with Deflux Injection in VUR
65.	D&C
66.	Dacryocystorhinostomy For Various Lesions Of Lacrimal Gland
67.	Decompress Forearm Space
68.	Destruction Of Diseased Tissue In The Skin and Subcutaneous Tissues
69.	Detorsion Of Torsion Testis
70.	Diathermy/cryotherapy To Treat Retinal Tear
71.	Dilatation Of Accidenta L Caustic Stricture Oesophageal
72.	Division Of The Anal Sphincter (sphincterotomy)
73.	Drainage Of Prostate Abscess
74.	Drainage Of Pyonephrosis/perinephric Abscess
75.	Elbow Arthroscopy
76.	Electron Therapy
77.	Endolymphatic Sac Surgery For Meniere's Disease
78.	Endometrial Ablation
79.	Endoscopic Polypectomy
80.	Endoscopic Stapedectomy
81.	Entrapment Neuropathy Release
82.	Enucleation Of Eye Without Implant
83.	Epidural Injection
84.	Epiphyseolysis With Osteosynthesis
85.	ERCP
86.	ERCP - Pancreatic Duct Stone Removal
87.	ERCP + Placement Of Biliary Stents



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88.	ERCP and Choledochoscopy
89.	ERCP and Papillotomy
90.	ERCP and Sphincterotomy
91.	Esophageal Growth Stent
92.	Esophageal Stent Placement
93.	Esophagoscopy, Gastroscopy, Duodenoscopy With Polypectomy/Removal Of Foreign Body/diathermy Of Bleeding Lesions
94.	ESWL
95.	EUS + Aspiration Pancreatic Cyst
96.	EUS + Submucosal Resection
97.	EUS and Pancreatic Pseudo Cyst Drainage
98.	Eversion Of Sac –unilateral/-bilateral
99.	Excision and Destruction Of Diseased Tissue Of The Eyelid
100.	Excision and Destruction Of Diseased Hard and Soft Palate
101.	Excision and Destruction Of Diseased Scrotal Tissue
102.	Excision and Destruction Of Diseased Tissue Of The Testes
103.	Excision and destruction of lingual tonsils
104.	Excision and destruction of the diseased tissue of the eyelid
105.	Excision In The Area Of The Epididymis
106.	Excision Juvenile Polyps Rectum
107.	Excision Of Angioma Septum
108.	Excision Of Bursitis
109.	Excision Of Cervical Rib
110.	Excision Of Cervical Sympathetic Chain Thoracoscopic
111.	Excision Of Cervical Teratoma
112.	Excision Of Diseased Tissue Of A Salivary Gland and A Salivary Duct
113.	Excision Of Fistula-in-ano
114.	Excision Of Ranula Under GA
115.	Excision Of Renal Cyst
116.	Excision Of Single Breast Lump
117.	Excision Of Soft Tissue Rhabdomyosarcoma



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118.	Excision Of Urethral Diverticulum
119.	Excision Of Urethral Prolapse
120.	Excision Of Various Lesions In Coccyx
121.	Excision Sigmoid Polyp
122.	Exploration Of Ankle Joint
123.	External Arterio-venous Shunt
124.	External Incision and Drainage In The Region Of The Mouth, Jaw and Face
125.	External Mould Brachytherapy
126.	Extracorporeal Irradiation Of Blood Products
127.	Extracorporeal Irradiation to the Homologous Bone grafts
128.	Facial nerve physiotherapy
129.	Feeding Jejunostomy
130.	Fenestration Of The Inner Ear
131.	Fibroadenoma Breast Excision
132.	Fissure In Ano- Fissurectomy
133.	Fissure In Ano Sphincterotomy
134.	Fixation Of Knee Joint
135.	Free Skin Transplantation, Donor Site
136.	Free Skin Transplantation, Recipient Site
137.	Frenular Tear Repair
138.	FSRT-fractionated SRT
139.	Gammaknife SRS
140.	Glossectomy
141.	Gluteal Pressure Ulcer-excision
142.	Haemarthrosis Knee- Lavage
143.	Haemodialysis
144.	HBI-hemibody Radiotherapy
145.	HDR Brachytherapy
146.	Helical Tomotherapy
147.	High Orchidectomy For Testis Tumours



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148.	Hymenectomy(imperforate Hymen)
149.	Hysteroscopic adhesiolysis
150.	Hysteroscopic Removal Of Myoma
151.	Hysteroscopic Resection Of Endometrial Polyp
152.	IGRT- Image Guided Radiotherapy
153.	Implant Brachytherapy
154.	Implantation, Exchange and Removal Of A Testicular Prosthesis
155.	IMRT- DMLC
156.	IMRT- Step & Shoot
157.	Incision & Drainage Of Para Pharyngeal Abscess
158.	Incision (opening) and Destruction (elimination) Of The Inner Ear
159.	Incision and Drainage - Haematoma Auricle
160.	Incision and drainage of Abscess
161.	Incision and Drainage Of Perichondritis
162.	Incision and Excision Of Periprosthetic Tissue
163.	Incision and Lancing Of A Salivary Gland and A Salivary Duct
164.	Incision Of A Pilonidal Sinus / Abscess
165.	Incision Of Diseased Eyelids
166.	Incision Of Foot Fascia
167.	Incision Of Tear Glands
168.	Incision Of The Breast Abscess
169.	Incision Of The Cornea
170.	Incision Of The Hard and Soft Palate
171.	Incision Of The Ovary
172.	Incision Of The Prostate
173.	Incision Of The Scrotum and Tunica Vaginalis Testis
174.	Incision Of The Testes
175.	Incision Of The Uterus (hysterectomy)
176.	Incision On Bone, Septic and Aseptic
177.	Incision, Excision and Destruction In The Mouth



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178.	Incision, Excision and Destruction Of Diseased Tissue Of The Tongue
179.	Induction Chemotherapy
180.	Infantile Hypertrophic Pyloric Stenosis Pyloromyotomy
181.	Infected Keloid Excision
182.	Infected Lipoma Excision
183.	Infected Sebaceous Cyst
184.	Infusional Bisphosphonates
185.	Infusional Chemotherapy
186.	Infusional Targeted Therapy
187.	Inguinal lymphadenectomy
188.	Injury Prepuce- Circumcision
189.	Intersphincteric Abscess Incision and Drainage
190.	Interstitial Brachytherapy
191.	Intracavity Brachytherapy
192.	Intraluminal Brachytherapy
193.	Intravesical Brachytherapy
194.	IV Push Chemotherapy
195.	Jaboulay's Procedure
196.	Keratosis Removal Under GA
197.	Labyrinthectomy For Severe Vertigo
198.	lap.Abdominal exploration in cryptorchidism
199.	Laparoscopic Cardiomyotomy(Hellers)
200.	Laparoscopic Cystectomy
201.	Laparoscopic Paraovarian Cyst Excision
202.	Laparoscopic Paratubal Cyst Excision
203.	Laparoscopic Pyloromyotomy(Ramstedt)
204.	Laparoscopic Reduction Of Intussusception
205.	Laparotomy For Grading Lymphoma With Splenectomy / liver
206.	Laser Ablation Of Barrett's Oesophagus
207.	Laser Photocoagulation To Treat Retinal Tear



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208.	Laser Therapy Of Cervix For Various Lesions Of Uterus
209.	LDR Brachytherapy
210.	LEEP
211.	Lengthening Of Hand Tendon
212.	Lengthening Of Thigh Tendons
213.	Lithotripsy
214.	Lithotripsy/nephrolithotomy For Renal Calculus
215.	Liver Abscess- Catheter Drainage
216.	LLETZ
217.	Local Excision and Destruction Of Diseased Tissue Of The Penis
218.	Local Excision Of Diseased Tissue Of The Skin and Subcutaneous Tissues
219.	Lord's Plication
220.	Maintenance chemotherapy
221.	Mastoidectomy
222.	Meatoplasty
223.	Meatotomy For Meatal Stenosis
224.	Mega-ureter Reconstruction
225.	Microdochectomy Breast
226.	Myringoplasty (Type I Tympanoplasty)
227.	Myringotomy With Grommet Insertion
228.	Nasal Sinus Aspiration
229.	Neoadjuvant chemotherapy
230.	Neoadjuvant Radiotherapy
231.	Oesophageal varices Sclerotherapy
232.	Open Surgical Excision and Destruction Of Prostate Tissue
233.	Operation On A Testicular Hydrocele
234.	Operation on the canthus and epicanthus
235.	Operations For Pterygium
236.	Operations On Bartholin's Glands (cyst)
237.	Operations On The Canthus and Epicanthus



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238.	Operations On The Foreskin
239.	Operations On The Turbinates (nasal Concha)
240.	Orchidopexy for undescended testis
241.	Orchiectomy
242.	ORIF With K Wire Fixation- Small Bones
243.	ORIF With Plating- Small Long Bones
244.	Ossiculoplasty
245.	Other Excisions Of The Skin and Subcutaneous Tissues
246.	Pacemaker Battery Replacement
247.	PAIR Procedure of Hydatid Cyst liver
248.	Pan Retinal Photocoagulation
249.	Pancreatic Pseudocyst Eus & Drainage
250.	Pancreatic Pseudocysts Endoscopic Drainage
251.	Paraphimosis Surgery
252.	Parastomal Hernia
253.	Partial Glossectomy
254.	Partial Removal Of Metatarsal
255.	Partial Removal Of Rib
256.	Pelvic Floor Repair(Excluding Fistula Repair)
257.	Percutaneous Endoscopic Gastrostomy
258.	Percutaneous Nephrostomy
259.	Perianal Abscess I&d
260.	Perianal hematoma Evacuation
261.	Photodynamic Therapy of Esophageal Tumour and Lung Tumour
262.	Photodynamic Therapy in ophthalmology
263.	Piles A) Injection Sclerotherapy B) Piles Banding
264.	Pleurodesis
265.	Pneumatic Reduction Of Intussusception
266.	Polypectomy Cervix
267.	Polypectomy Colon



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268.	Polypectomy Endometrium
269.	Presacral Teratomas Excision
270.	Proctosigmoidoscopy Volvulus Detorsion
271.	Pseudocyst Of The Pinna - Excision
272.	PSOAS Abscess Incision and Drainage
273.	Radical Chemotherapy
274.	Radical Prostatovesiculectomy
275.	Radical Radiotherapy
276.	Radiotherapy For Cancer
277.	Reconstruction Of A Salivary Gland and A Salivary Duct
278.	Reconstruction Of Deformity/defect In Nail Bed
279.	Reconstruction Of The Middle Ear
280.	Reconstruction Of The Testis
281.	Reconstruction Of The Tongue
282.	Rectal Prolapse (delorme's Procedure)
283.	Rectal-myomectomy
284.	Reduction Of Dislocation Under GA
285.	Reduction Of Fracture Of Nasal Bone
286.	Release Of Midfoot Joint
287.	Release Of Thumb Contracture
288.	Removal Of A Foreign Body From The Conjunctiva
289.	Removal Of A Foreign Body From The Cornea
290.	Removal Of A Foreign Body From The Lens Of The Eye
291.	Removal Of A Foreign Body From The Orbit and Eyeball
292.	Removal Of A Foreign Body From The Posterior Chamber Of the Eye
293.	Removal Of A Tympanic Drain
294.	Removal Of Elbow Bursa
295.	Removal of Foreign body from cornea
296.	Removal of foreign body from the lens of the eye.
297.	Removal of foreign body from the orbit and the eye ball.



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298.	Removal of foreign body from the posterior chamber of the eye
299.	Removal Of Knee Cap Bursa
300.	Removal Of Tumor Of Arm/ Elbow Under RA/GA
301.	Removal of Tympanic Drain under LA
302.	Removal Of Urethral Stone
303.	Removal Of Vesical Stone
304.	Removal Of Wrist Prosthesis
305.	Remove/graft Leg Bone Lesion
306.	Repair / Graft Of Foot Tendon
307.	Repair Of Knee Cap Tendon
308.	Repair Of Knee Joint
309.	Repair Of Penile Torsion
310.	Repair Of Ruptured Tendon
311.	Repair Recto- Vagina Fistula
312.	Repair/graft Achilles Tendon
313.	Resection Of A Salivary Gland
314.	Revision Of A Fenestration Of The Inner Ear
315.	Revision of neck muscle (Torticollis release)
316.	Revision Of Neck Muscle (torticollis Release)
317.	Revision Of Skin Plasty
318.	Revision of the fenestration of the inner ear.
319.	Revision stapedectomy
320.	Revision/removal Of Knee Cap
321.	RF Ablation For Barrett's Oesophagus
322.	Rigid Oesophagoscopy For FB Removal
323.	Rotational Arc Therapy
324.	SBRT-stereotactic Body Radiotherapy
325.	SC Administration Of Growth Factors
326.	Sclerotherapy, Etc
327.	Shoulder Arthroscopy / Surgery



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328.	Sigmoidoscopy W / Stent
329.	Simple Restoration Of Surface Continuity Of The Skin and Subcutaneous Tissues
330.	Sling operation
331.	Sling Operation For Facial Palsy
332.	Small Bowel Endoscopy (therapeutic)
333.	Splenic Abscesses Laparoscopic Drainage
334.	SRS-stereotactic Radiosurgery
335.	SRT-stereotactic ARC Therapy
336.	Stapedectomy Under GA
337.	Stapedectomy Under LA
338.	Stapedotomy
339.	Sternomastoid Tenotomy
340.	Subcutaneous Mastectomy
341.	Submandibular Salivary Duct Stone Removal
342.	Suprapubic Cystostomy
343.	Surgery Filarial Scrotum
344.	Surgery For Cataract
345.	Surgery For Fournier's Gangrene Scrotum
346.	Surgery For Fracture Penis
347.	Surgery For Hemoarthrosis/pyoarthrosis
348.	Surgery For Ligament Tear
349.	Surgery For Meniscus Tear
350.	Surgery For Pelvi Ureteric Junction Obstruction
351.	Surgery For SUI
352.	Surgery For Watering Can Perineum
353.	Surgery Of Bunion
354.	Surgical Treatment Of A Varicocele and A Hydrocele Of the Spermatic Cord Spermatic Cord
355.	Surgical Treatment Of Anal Fistulas
356.	Surgical Treatment Of Hemorrhoids
357.	Surgical treatment of varicocele



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358.	Surgical Wound Toilet (wound Debridement) and Removal Of Diseased Tissue Of The Skin and Subcutaneous Tissues
359.	Suture and Other Operations On Tendons and Tendon Sheath
360.	Syme's Amputation
361.	TBI- Total Body Radiotherapy
362.	Tele gamma therapy
363.	Telecesium Therapy
364.	Telecobalt Therapy
365.	Template Brachytherapy
366.	Tendon Lengthening
367.	Tendon Shortening
368.	Tendon Transfer Procedure
369.	Tennis Elbow Release
370.	Therapeutic Curettage With Colposcopy / Biopsy / Diathermy / Cryosurgery
371.	Therapeutic Laparoscopy With Laser
372.	Thermal Cauterisation Of Cervix
373.	Thoracoscopy
374.	Thoracoscopy Assisted Empyema Drainage
375.	Thoracoscopy Ligation Thoracic Duct
376.	Thyroid Abscess Incision and Drainage
377.	Thyroplasty Type I
378.	Thyroplasty Type II
379.	Tips Procedure For Portal Hypertension
380.	Tonsillectomy With Adenoidectomy
381.	Tonsillectomy Without Adenoidectomy
382.	Tracheoplasty
383.	Tracheostomy
384.	Transoral Incision and Drainage Of A Pharyngeal Abscess
385.	Transurethral and Percutaneous Destruction Of Prostate Tissue
386.	Transurethral Excision and Destruction Of Prostate Tissue



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387.	Treatment Fracture Of Radius & Ulna
388.	Treatment Of Clavicle Dislocation
389.	Treatment Of Foot Dislocation
390.	Treatment Of Fracture Of Ulna
391.	Treatment Of Retinal Lesion
392.	Treatment Of Scapula Fracture
393.	Treatment Of Sesamoid Bone Fracture
394.	Treatment Of Shoulder Dislocation
395.	TSET-total Electron Skin Therapy
396.	TUNA- Prostate
397.	Turbinectomy
398.	Turbinoplasty
399.	TURBT
400.	Tympanoplasty (closure Of An Eardrum Perforation reconstruction Of The Auditory Ossicles)
401.	Tympanoplasty (Type II)
402.	Tympanoplasty (Type III)
403.	Tympanoplasty (type IV)
404.	UGI Scopy and Injection Of Adrenaline, Sclerosants Bleeding Ulcers
405.	UGI Scopy and Polypectomy Oesophagus
406.	UGI Scopy and Polypectomy Stomach
407.	Ultrasound Guided Aspirations
408.	Unilateral Orchidectomy
409.	Ureter Endoscopy and Treatment
410.	Ureterocoele Repair - Congenital Internal
411.	URS + LL
412.	URSL With Lithotripsy
413.	URSL With Stenting
414.	Uvulo Palato Pharyngo Plasty(Only payable in case of Morbid Obseity)
415.	Vaginal Mesh For POP
416.	Vaginal Wall Cyst Excision



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417.	Varicose Veins Legs - Injection Sclerotherapy
418.	Ventriculoatrial Shunt
419.	Vesico Ureteric Reflux Correction
420.	Vestibular Nerve Section
421.	VMAT-volumetric Modulated Arc Therapy
422.	Vocal Cord Lateralisation Procedure
423.	VP Shunt
424.	Vulval Cyst Excision
425.	Vulval Wart Excision
426.	Wound Debridement and Cover
427.	X-knife SRS
428.	Zadek's Nail Bed Excision